



Sample Breakfast Menu

Fruit Juice

Prunes, Fresh Fruit or Grapefruit Segments

Cereals

*

Scotch Kipper Fillet

*

Cooked Breakfast

*

Cold Ham and Tomatoes or Cheese

*

Toast

*

Tea / Coffee

Sample Lunch Menu

Selection of Panini rolls

*

Cornish Crab and Prawn Platter

*

Fish Cake with French Fries

*

Sandwiches/ Toasties

*

Homemade Cheesecake with Cornish Clotted Cream

Apple Pie with Cornish Clotted Cream

Ice Cream



Sample Dinner Menu

Starters

Cornish Crab, Prawns and Smoked Salmon Platter

Fresh Summer Fruits with Berries and Coulis

Tomato and Mozzarella Salad

Italian Ravioli in Tomato and Herb Sauce

Filo Wrapped Oriental King Prawns

*

Mains

Pan Fried Chicken in a Tarragon Cream Sauce

Roast Topside of Cornish Beef

Moroccan Lamb Tangine with Cous Cous

Cornish Sea Bass presented on creamed dill potatoes

Creamy Vegetable Kiev

Pan Fried Hake with Tomato Relish

Honey Baked Ham with Parsley Sauce and Peaches

*

Desserts

Chefs Homemade Cheesecake

Homemade Meringue with Strawberries, whipped cream and coulis

Tiramisu

Luxury Cornish Ice Creams

Profiteroles with whipped cream and warm chocolate sauce